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Clebsh-Gordan coefficients

$$1 \quad l_1 = 1, l_2 = 1$$

Consider an excited state of a Helium atom where both electrons are on a $2p$ orbital. Construct the states belonging to different total angular momenta!

The total angular momenta of the system are: $|l_1 - l_2| \leq J \leq l_1 + l_2$, in our particular case J takes the following values $J = 0, 1, 2$. The state belonging to the largest angular momentum can be easily constructed as a product state:

$$|2, 2\rangle = |1, 1\rangle|1, 1\rangle$$

The other $J = 2$ states can be constructed by applying the lowering operator on both sides of the previous equation:

$$\begin{aligned} J_-|2, 2\rangle &= (l_{1-} + l_{2-})|1, 1\rangle|1, 1\rangle \\ 2|2, 1\rangle &= \sqrt{2}(|1, 0\rangle|1, 1\rangle + |1, 1\rangle|1, 0\rangle) \\ |2, 1\rangle &= \frac{1}{\sqrt{2}}(|1, 0\rangle|1, 1\rangle + |1, 1\rangle|1, 0\rangle) \end{aligned}$$

The $|1, 1\rangle$ state must be orthogonal to the $|2, 1\rangle$ obtained in the previous equation. In order to get an orthogonal state we can simply change the sign in the product state $|2, 1\rangle$:

$$|1, 1\rangle = \frac{1}{\sqrt{2}}(|1, 0\rangle|1, 1\rangle - |1, 1\rangle|1, 0\rangle)$$

Let us apply further the lowering operator:

$$\begin{aligned} J_-|2, 1\rangle &= (l_{1-} + l_{2-}) \frac{1}{\sqrt{2}}(|1, 0\rangle|1, 1\rangle + |1, 1\rangle|1, 0\rangle) \\ \sqrt{6}|2, 0\rangle &= \frac{1}{\sqrt{2}} \left(\sqrt{2}|1, -1\rangle|1, 1\rangle + \sqrt{2}|1, 0\rangle|1, 0\rangle + \sqrt{2}|1, 0\rangle|1, 0\rangle + \sqrt{2}|1, 1\rangle|1, -1\rangle \right) \\ J_-|1, 1\rangle &= (l_{1-} + l_{2-}) \frac{1}{\sqrt{2}}(|1, 0\rangle|1, 1\rangle - |1, 1\rangle|1, 0\rangle) \\ \sqrt{2}|1, 0\rangle &= \frac{1}{\sqrt{2}} \left(\sqrt{2}|1, -1\rangle|1, 1\rangle + \sqrt{2}|1, 0\rangle|1, 0\rangle - \sqrt{2}|1, 0\rangle|1, 0\rangle - \sqrt{2}|1, 1\rangle|1, -1\rangle \right) \end{aligned}$$

Summarizing the results:

$$\begin{aligned} |2, 0\rangle &= \frac{1}{\sqrt{6}}(|1, -1\rangle|1, 1\rangle + 2|1, 0\rangle|1, 0\rangle + |1, 1\rangle|1, -1\rangle) \\ |1, 0\rangle &= \frac{1}{\sqrt{2}}(|1, -1\rangle|1, 1\rangle - |1, 1\rangle|1, -1\rangle) \end{aligned}$$

The $|0, 0\rangle$ state must be orthogonal both $|2, 0\rangle$ and $|1, 0\rangle$ states. One can easily prove that

$$|0, 0\rangle = \frac{1}{\sqrt{3}}(|1, -1\rangle|1, 1\rangle - |1, 0\rangle|1, 0\rangle + |1, 1\rangle|1, -1\rangle)$$

Homework

In a singlet ($S = 0$) state which total angular momentum can be realized?