Chemical potential of magnetic skyrmion quasiparticles in heavy-metal/iron bilayers

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We performed metadynamics Monte Carlo simulations to obtain the free energy as a function of the topological charge in the skyrmion-hosting magnetic model systems $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$ and Pd/Fe/Ir(111), using a spin model containing parameters based on *ab initio* calculations. Using the topological charge as collective variable, this method allows for evaluating the temperature dependence of the number of skyrmionic quasiparticles. In addition, from the free-energy cost of increasing and decreasing the topological charge of the system we determined chemical potentials as a function of the temperature. At lower temperature, the chemical potential for creating skyrmions and antiskyrmions from the topologically trivial state is different. This splitting of the chemical potential is particularly pronounced for large external magnetic fields when the system is in a field-polarized phase. We observed a change in the shape of the free-energy curves when skyrmion-skyrmion interactions become more pronounced.

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I. INTRODUCTION

Since the first experimental indications for the formation of a skyrmion lattice in bulk MnSi [1,2] and its real-space imaging on Fe0.5Co0.5Si film using Lorentz transmission electron microscopy [3], magnetic skyrmions have been observed in a wide variety of bulk materials and thin films [4]. Skyrmions have received very broad attention since they hold great promise in the development of spintronic devices [5]. These whirling magnetic patterns can be stabilized by the Dzyaloshinky-Moriya interaction (DMI) [6-8], by four-spin interactions [9], or due to the frustration of Heisenberg exchange interactions [10,11]. Their special properties, like the exceptional stability, the nanoscale size, and the considerable mobility, make magnetic skyrmions perfect candidates for usage in logical and high-density memory devices [12-14], and they form an emerging platform for future neuromorphic [15] and quantum computing [16].

In the present study we focus on two kinds of skyrmionhosting ultrathin film systems, namely a Pd/Fe bilayer on Ir(111) [17–20] and a Pt_{0.95}Ir_{0.05}/Fe bilayer on Pd(111) [21–23]. In the case of Pd/Fe/Ir(111), Dzyaloshinky-Moriya interactions competing with isotropic Heisenberg exchange, uniaxial anisotropy, and Zeeman terms lead to the formation of noncollinear spin structures. Spin-polarized scanning tunneling microscopy experiments [17] revealed that the ground state of the system is a spin-spiral state. Applying an external magnetic field perpendicular to the surface results in the coexistence of spin spirals and Néel-type skyrmions. Increasing the external field above 1 T, the spin spirals disappear and a hexagonal skyrmion lattice emerges. A further increase of the magnetic field brings the system into a field-polarized (FP) phase. The experimental results have been reproduced by Monte Carlo (MC) simulations based on parameters obtained from first-principles density-functional theory calculations [19,20,24]. Magnetic skyrmions are characterized by their topological charge Q, which counts how many times the spin configuration wraps around the unit sphere upon the application of a stereographic projection. The interplay between frustrated Heisenberg exchange and DMI can lead to the formation of metastable skyrmionic spin structures with various topological charges, which have been theoretically investigated in (Pt_{0.95}Ir_{0.05})/Fe/Pd(111) [22,25–27].

The topological charge cannot be changed dynamically in a continuum model, which is the reason why skyrmions are called topologically protected. However, on the discretized atomic level the topological charge is not perfectly conserved. Overcoming the finite energy barrier between the skyrmionic and topologically trivial states allows one to create and annihilate skyrmions, which can then be regarded as quasiparticles [23]. The energy barriers and the attempt frequencies of skyrmion creation and annihilation have been thoroughly investigated based on the zero-temperature energy landscape [11,28–31], with the results comparing favorably with the collapse mechanisms observed with low-temperature scanning tunneling microscopy [32]. Skyrmion lifetimes have also been calculated based on Metropolis Monte Carlo [33] and atomistic spin dynamics [19] simulations, which are primarily applicable at higher temperatures where the creation and

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annihilation processes are faster. Deviations from the method based on the zero-temperature energy landscape have been observed in this elevated temperature range [23]. Bridging the low-temperature and high-temperature limits can be achieved by speeding up the numerical simulations using specialized algorithms. A path-sampling approach was applied for this purpose in Ref. [34] and the finite-temperature free-energy barriers of single skyrmions were also recently investigated in Ref. [35] using the metadynamics method [36]. Most of these previous studies focused on the stability of single isolated skyrmions. Experimental observations in Ref. [37] indicated that at elevated temperatures multiple skyrmions may be created or annihilated at varying positions in nanoislands. It is expected that skyrmion-skyrmion interactions in such ensembles influence the stability of the quasiparticles, as the influence of interactions has already been demonstrated on the thermally induced motion of skyrmions [38–40].

Here, we explore the free-energy landscape of larger skyrmion ensembles with various topological charges in the Pd/Fe/Ir(111) and $Pt_{0.95}Ir_{0.05}/Fe/Pd(111)$ systems also by performing metadynamics simulations implemented with the Metropolis Monte Carlo algorithm. In metadynamics the free energy of the system is calculated as a function of a collective variable appropriate to the problem under investigation. Choosing the topological charge Q as collective variable we are able to determine the equilibrium number of skyrmions as a function of the temperature, and to obtain the temperature-dependent chemical potential of skyrmions and antiskyrmions.

The paper is structured as follows. In Sec. II we briefly introduce the spin model based on first-principles parameters and the details of the metadynamics Monte Carlo simulations applied to magnetic skyrmions are described in detail. In Sec. III we present our results for the free-energy landscapes in the $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$ and the Pd/Fe/Ir(111) bilayer systems, which are in good agreement with the conclusions concerning skyrmion stability in these systems published in Refs. [19] and [23] based on atomistic simulations. In Sec. IV we draw conclusions underpinning the quasiparticle picture of magnetic skyrmions.

II. METHODS

A. Spin models

The magnetic structure of the thin films is studied in terms of a classical atomistic Heisenberg model,

$$H = -\frac{1}{2} \sum_{i \neq j} \mathbf{s}_i^T \mathbf{J}_{ij} \mathbf{s}_j + \sum_i \lambda_z (\mathbf{s}_i \hat{\mathbf{z}})^2 - \mu \sum_i \mathbf{s}_i \mathbf{B}, \quad (1)$$

where the sums run over sites of the Fe atomic layer, \mathbf{s}_i is a unit vector representing the direction of the atomic spin magnetic moment at site *i*, and \mathbf{J}_{ij} is a 3×3 tensor of exchange interactions which can be decomposed as [41]

$$\mathbf{J}_{ij} = \frac{1}{3} \operatorname{Tr}(\mathbf{J}_{ij})\mathbf{I} + \frac{1}{2} \left(\mathbf{J}_{ij} - \mathbf{J}_{ij}^{T} \right) + \frac{1}{2} \left(\mathbf{J}_{ij} + \mathbf{J}_{ij}^{T} - \frac{2}{3} \operatorname{Tr}(\mathbf{J}_{ij})\mathbf{I} \right),$$
(2)

where $\frac{1}{3}$ Tr(\mathbf{J}_{ij}) = J_{ij} is the isotropic Heisenberg exchange coupling, $\mathbf{s}_i^T \frac{1}{2} (\mathbf{J}_{ij} - \mathbf{J}_{ij}^T) \mathbf{s}_j = \mathbf{D}_{ij} (\mathbf{s}_i \times \mathbf{s}_j)$ stands for the antisymmetric Dzyaloshinky-Moriya interaction, and the last, symmetric traceless part in Eq. (2) includes the pseudodipolar anisotropy contributions induced by the spin-orbit coupling. The on-site uniaxial magnetocrystalline anisotropy is characterized by the constant λ_z , where $\hat{\mathbf{z}}$ is a unit vector parallel to the [111] direction. Finally μ is the magnitude of the Fe spin magnetic moments and $\mathbf{B} = B\hat{\mathbf{z}}$ is an applied external magnetic field perpendicular to the surface.

The parameters of the spin models for the $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$ and Pd/Fe/Ir(111) bilayers are taken from Refs. [21] and [42], respectively. The obtained spin models confirmed a cycloidal spin-spiral ground state for both systems. This transforms at B = 0.21 T directly into the field-polarized state where isolated skyrmions can be observed in $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$, while the skyrmion lattice is a stable thermodynamical phase between B = 1.4 T and B = 3.0 T in Pd/Fe/Ir(111).

B. Metadynamics simulations

The finite-temperature behavior of the magnetic systems were studied by using well-tempered metadynamics simulations [43,44]. This method has recently been successfully implemented to study the magnetic anisotropy energy of thin films [45,46]. While the details of the computational scheme are given in these references, next we describe the advances of the method in simulating magnetic skyrmions at finite temperatures.

In field theory, the topological charge is given as [47]

$$Q = \frac{1}{4\pi} \int d^2 \mathbf{r} \, \mathbf{s} \cdot (\partial_x \mathbf{s} \times \partial_y \mathbf{s}), \tag{3}$$

where s is a vector field normalized to unit length. For lattice spin models this quantity can be calculated as [48]

$$Q = \sum_{i} q_i, \tag{4}$$

with the discretized charge density,

$$q_{i} = \sum_{\{j,k\}} \frac{1}{6\pi} \arctan\left(\frac{\mathbf{S}_{i} \cdot (\mathbf{S}_{j} \times \mathbf{S}_{k})}{1 + \mathbf{S}_{i} \cdot \mathbf{S}_{j} + \mathbf{S}_{i} \cdot \mathbf{S}_{k} + \mathbf{S}_{j} \cdot \mathbf{S}_{k}}\right), \quad (5)$$

where $\{\mathbf{S}_i, \mathbf{S}_j, \mathbf{S}_k\}$ denote the spin vectors at three nearestneighbor sites forming triangles that cover the lattice. Note that following the definition of Eq. (5), in the case of periodic boundary conditions on the lattice Q is always an integer, and with this sign convention the topological charge of an isolated skyrmion in a background pointing along the positive z direction is Q = -1.

In contrast to the topological charge, the collective variables in metadynamics are typically continuous. In Ref. [35], Eq. (3) was calculated by a numerical discretization of the derivatives, allowing for noninteger topological charges. Because of the focus of that work on single skyrmions, the topological charge was also restricted to low values by the boundary conditions. Here, we calculate the integer topological charge based on Eq. (4), but also allow for configurations with very densely packed skyrmions and use the topological charge normalized by the parameter Q_{max} to the interval of (-1, 1) as the collective variable. We set the normalization to $Q_{\text{max}} = 50$ because at the considered lattice site this value gave energetically unfavorable, very dense stackings of skyrmions. The application of the metadynamics algorithm to atomistic spin models is described in detail in Ref. [45]. Following the notations used there, the height of the Gaussian bias potentials was set to $w_0 = 0.04$ mRy, with a width of $\sigma = 0.02$, and the metadynamics temperature was set to $T_{\rm m} = 1570$ K. The simulations were performed on a two-dimensional triangular lattice of 128×128 sites with periodic boundary conditions. A multiple-walker algorithm was applied where simulations on five independent replicas contributed to the same bias potential. Before starting to evolve the bias potential, all the walkers were thermalized from a collinear field-polarized starting configuration. The application of multiple walkers ensured the effective mapping of the whole configuration space. The individual bias potentials belonging to each walker were updated after every 25th Monte Carlo step (MCS) with a Gaussian and they were averaged out after every 250th MCS. Usually a simulation included 10⁶ MCSs, while this number was increased to $2-5 \times 10^6$ MCSs to obtain better statistics at lower temperatures.

The simulations were performed up to temperatures where short-range order is completely lost in the systems and the average topological charge approaches zero in a wide external field range. However, at low temperatures we encountered severe difficulties in the simulations due to the high energy barrier separating the different metastable skyrmionic configurations. If the energy of thermal fluctuations did not overcome this barrier, the time of the simulations necessary to walk through a broad range of the collective variable became extremely long. In our case we were able to go just below the ordering temperature of the spin-spiral (SS) or skyrmionlattice (SkL) phases reported in Refs. [19,23].

In well-tempered metadynamics simulations, the converged value of the bias potential is associated with the free energy of the system constrained to a given value of the collective variable Q [49]:

$$F(Q) = -\frac{T + T_{\rm m}}{T_{\rm m}} V_{\rm bias}(Q).$$
(6)

At a given temperature, the position of the maximum of $V_{\text{bias}}(Q)$ [or minimum of F(Q)] gives the most likely value Q_0 of the topological charge in the lattice. The average value of the topological charge $\langle Q \rangle$ can be calculated as

$$\langle Q \rangle = \frac{\sum_{Q} Q \exp\{\beta V_{\text{bias}}(Q)\}}{\sum_{Q} \exp\{\beta V_{\text{bias}}(Q)\}},\tag{7}$$

where $\beta = 1/(k_{\rm B}T)$ is the inverse temperature.

III. RESULTS

A. Free-energy curves and chemical potentials

In order to draw conclusions on the thermodynamic properties of skyrmions as quasiparticles, we had to establish the connection between the topological charge used as a collective variable in the system and the number of localized noncollinear spin configurations in the system. Objects with a



FIG. 1. Images of spin configurations obtained in $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$ at B = 1 T, with topological charges (a) Q = 4 at T = 61 K, (b) Q = 7 at T = 61 K, (c) Q = -5 at T = 61 K, and (d) Q = -11 at T = 94 K. The configurations were relaxed by turning off the thermal fluctuations for better visualization of the localized spin structures; the relaxation did not change the topological charge. The coloring denotes the topological charge density: red q > 0; blue q < 0. Skyrmionic objects with topological charge Q = 1, Q = 0, and Q = -1 are enclosed by solid red, green, and blue lines, respectively.

finite topological charge are not necessarily localized; an elongated segment of a spin spiral can be described by the same topological charge as a skyrmion. In contrast, localized objects with zero net topological charge may also be stable [22], which cannot be distinguished from a collinear state based on the collective variable. A value of Q = 1 may describe an antiskyrmion with the spins winding oppositely compared to a skyrmion or a skyrmion where all spin directions are reversed compared to the Q = -1 case. A value of Q = -2may indicate two individual skyrmions or a composite object.

These questions can be qualitatively investigated by looking at real-space spin configurations taken from the simulations. In Fig. 1 the spin configurations of Fe sites are displayed for Q = 4, Q = 7, and Q = -5 at T = 61 K and for Q = -11 at T = 94 K in $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$ at B = 1 T, where skyrmionic objects with many different values of the topological charge are stable at zero temperature [22]. The system has a field-polarized ground state at this magnetic field, but individual skyrmions are created by thermal fluctuations [23]. The formation of skyrmions becomes thermodynamically favorable around $T \approx 80$ K. For a better identification of localized objects with a finite topologicalcharge density, we relaxed the spin configurations at zero temperature using an optimized conjugate-gradient method [50], thereby smoothening the small-amplitude fluctuations around the collinear state which is not related to skyrmionic structures. We used a clustering algorithm based on the outof-plane components of the spins to find individual objects with a core pointing opposite to the external magnetic field in the configuration. Obviously, such an optimization procedure can alter the topological charge of the system by removing high-energy metastable skyrmionic textures, but especially in the case of low-temperature simulations we found that the topological charge was not affected by the optimization. We found three types of objects: skyrmions with Q = -1, antiskyrmions with Q = 1, and chimera skyrmions [22] with Q = 0 enclosed in blue, red and green circles in the figures, respectively. At this value of the external magnetic field, elongated spiral segments are not present in the simulations and skyrmions with reversed spin directions, i.e., on a background along the -z direction, are also suppressed. We did not observe composite objects with higher topological charges. At the lower temperature, configurations with a positive net topological charge mostly consist of Q isolated antiskyrmions, as in Figs. 1(a) and 1(b), while at positive topological charge |Q|skyrmions may be observed, as shown in Fig. 1(c). Structures with Q = 0 called chimera skyrmions [22] can be observed in all configurations which complicate the evaluation of the data, but at the low density of localized objects in Figs. 1(a)-1(c)their effect on the free-energy differences between different Q values is expected to be minor.

For the temperature T = 94 K, the spin configurations in the (Pt_{0.95}Ir_{0.05})/Fe/Pd(111) bilayer are only identifiable after the optimization procedure. Figure 1(d) shows the configurations with Q = -11, demonstrating that the topological charge is mostly formed by skyrmions with Q = -1, but many other irregularly shaped skyrmionlike patterns with Q = 0, and also antiskyrmions with Q = 1 are present in the system. Altogether these configurations are much denser than at low T, which means that even with a small overall Q for the whole lattice the skyrmion-skyrmion interactions play a crucial role and an independent-particle picture does not apply.

The real-space configurations can be correlated with the free-energy curves obtained from the metadynamics simulations, shown in Fig. 2(a) in case of the $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$ bilayer in an external field of B =1 T for temperatures T = 61 K and T = 94 K. Apparently, F(Q) significantly differs between the two considered temperatures.

The low-temperature free-energy curve has a strongly asymmetric shape with a minimum Q_0 close to zero. The simulation data can be described accurately in a suitable range above and below Q = 0 by a linear fit shown by red lines in Fig. 2(a). Based on these linear fits, we defined chemical potentials μ_{\pm} of the skyrmionic particles as the slopes of the corresponding curves,

$$\mu_{\pm} = \lim_{\Delta Q \to \pm 1} \frac{F(\Delta Q) - F(0)}{|\Delta Q|}.$$
(8)

Note that this definition is based on skyrmion creation and annihilation events in a spatially homogeneous system. A different definition of the skyrmion chemical potential was introduced in Ref. [51], which is spatially inhomogeneous and leads to the accumulation of skyrmions in certain areas while their total number is conserved.

As can be inferred from the comparison of Figs. 1(a) and 1(b), in the linear regime above Q = 0, the increase of the value of the topological charge is related to the creation of antiskyrmions with Q = 1. Thus the slope μ_+ of the fitted line in Fig. 2(a) can be identified as the chemical potential of the



FIG. 2. Free-energy curves as a function of the topological charge Q simulated on a 128×128 lattice of (a) Fe sites in $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$ at T = 61 K (black squares) and T = 94 K (blue squares) in the presence of an external magnetic field of B = 1 T and (b) in Pd/Fe/Ir(111) at T = 141 K (black squares) and T = 243 K (blue squares) in the presence of an external magnetic field of B = 4 T. Q_{max} was set to 50 in both cases. The vertical dashed lines mark the minimum positions Q_0 of the free energy F(Q). For the higher temperatures, the solid red lines are obtained by fitting the data to Eq. (9), while for the lower temperatures a linear fit was performed in a suitable range below and above Q = 0.

antiskyrmions. The linearity of F(Q) in the Q < 0 region persists until Q = -10. Similar to the Q > 0 regime, we can assume that the dominant process is now the creation of skyrmions, which allows us to identify μ_{-} as the chemical potential of the skyrmions. The relations $\mu_{+} > \mu_{-} > 0$ imply that at B = 1 T external field and T = 61 K both the skyrmions and antiskyrmions are metastable in (Pt_{0.95}Ir_{0.05})/Fe/Pd(111), in agreement with the results in Ref. [23]. Proceeding to larger negative Q values, we suppose that more and more skyrmions with Q = -1 are created in the system. Beyond a certain density of the skyrmions the interaction between them gives a significant energy contribution, causing a deviation from the linear dependence below about Q = -10. This implies that the assumption of noninteracting skyrmions persists only in a finite range below Q_0 .

At high temperature, a parabola was found to fit well the free-energy curve over the whole range of Q accessed by the simulations,

$$F(Q) = F_0 + a (Q - Q_0)^2,$$
(9)

where *a* and Q_0 are fitting parameters. The latter one defines the most likely value of the topological charge, $Q_0 = -10$. At this temperature an admixture of different types of skyrmions is being formed as shown in Fig. 1(d) and the change of the free energy with the change of Q cannot be associated with the creation or annihilation of one type of skyrmionic object. This explains why a linear fit corresponding to a single type of quasiparticle is not valid at this temperature, leading to the overall parabolic behavior of the F(Q) curve.

Figure 2(b) shows the free-energy curves for the Pd/Fe/Ir(111) system at T = 141 K and T = 243 K in the presence of an external magnetic field of B = 4 T, at which field value the ground state is field polarized [19]. The low-temperature spin configurations in Pd/Fe/Ir(111) showed skyrmionic objects with similar behavior as in $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$. The high-temperature curve is very similar to that of the other bilayer system, showing a parabolic dependence on the topological charge with a value of $Q_0 \simeq$ -18. In contrast to the $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$ system, the low-temperature curve is less asymmetric and has a minimum at a Q_0 close to that at the higher temperature. Nevertheless, a kink in the curve can be seen around Q = 0. Linear fits were performed above and below Q = 0. Following the definition in Eq. (8), we obtain $\mu_+ > 0$ and $\mu_- < 0$. This means that lowering the topological charge, i.e., creating a skyrmion, decreases the free energy of the system. In the same temperature and field regime, a high number of skyrmions was found in equilibrium in Ref. [19], in agreement with this conclusion and the negative value of Q_0 at the minimum of the free-energy curve. The relation $|\mu_+| > |\mu_-|$ indicates that the free-energy cost of creating an antiskyrmion is larger than the free-energy gain of creating a skyrmion. Stable antiskyrmions have not been observed at zero temperature in this system in Ref. [19], which correlates with the observation that shortlived antiskyrmions created by thermal fluctuations have a high free-energy cost. As it will be discussed in Sec. III C, when decreasing the temperature $|Q_0|$ also decreases, and at a certain temperature $\mu_{-}(T)$ changes sign, indicating a fieldpolarized ground state at lower temperature. If Q_0 is close to zero, the linear regime becomes much narrower, increasing the numerical error of the fitting procedure.

B. Temperature dependence in (Pt_{0.95}Ir_{0.05})/Fe/Pd(111)

We determined the variation of the chemical potentials defined in Eq. (8) with the temperature. First, we performed preliminary calculations in terms of traditional Metropolis MC simulations. The heat capacity shown in Fig. 3(a) set the critical temperature around 130 K, which was found to be stable in the range of B = 0.05-1 T. The simulated magnetic susceptibility $\chi \propto (\langle m^2 \rangle - \langle m \rangle^2)/T$, where *m* is the average of the spin vectors over the lattice, shows a peak at a lower temperature of about 90 K in Fig. 3(b). In contrast to a second-order phase transition, the difference between the maxima of the two curves cannot be attributed exclusively to finite-size effects. The susceptibility has a peak where skyrmions and antiskyrmions are created and destroyed very rapidly by the temperature, leading to large fluctuations in the magnetization. In contrast, the heat capacity is maximal where short-range order is completely lost in the system and localized objects may no longer be identified, where the rapidly changing angles between neighboring spins give rise to high energy fluctuations.

Next we investigated the topological charge of the system by using our metadynamics Monte Carlo method. The temperature range of the metadynamics simulations was set



FIG. 3. Temperature dependence of thermodynamic parameters in $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$. (a) Heat capacity (*C*), (b) magnetic spin susceptibility (χ), (c) average topological charge $\langle Q \rangle$, and (d) chemical potentials μ_{\pm} of skyrmionic quasiparticles simulated on a 128×128 lattice with an external magnetic field of B = 1 T. *C* and χ were obtained from a traditional Monte Carlo simulation, while for the calculation of $\langle Q \rangle$ and μ_{\pm} we used metadynamics simulations. The error bars of the chemical potentials display the uncertainty of the fitted parameters.

between 50 K and 160 K. Below T = 48 K the number of skyrmions did not change even for extremely long simulation times and the free-energy curve could not be calculated. We found that the average number of skyrmions $\langle Q \rangle$ presented in Fig. 3(c) and its equilibrium value Q_0 based on the minimum of the F(Q) curve coincide well with each other. The shape of the $\langle Q(T) \rangle$ curve is similar to the one reported in Ref. [23], but instead of $T \approx 75$ K our method puts the minimum of the curve at a higher temperature of about 90 K. This may be a consequence of the small system size 25×25 used in the simulations in Ref. [23]. Considering this difference, our result is in good agreement with Ref. [23]. Apparently, $\langle Q(T) \rangle$ and $\chi(T)$ have their extrema at around the same temperature.

The obtained free-energy costs of creating skyrmions and antiskyrmions for the same simulation parameters are shown in Fig. 3(d). As the chemical potentials could only be defined at low temperatures, where around Q = 0 the topological charge of the system is dominated by one type of particle, the results are limited to a smaller range between 50 K and

80 K. Above 75–80 K the parabolic behavior illustrated in Fig. 2(a) becomes more pronounced in the F(Q) curves. As discussed in Sec. III A, this effect decreases in particular the accuracy of the fitting of μ_{-} . Interestingly, the upper boundary of the range where the chemical potentials can be determined coincides with the temperature where the topological charge reaches its minimum. In the whole temperature range 50–80 K, μ_{+} is larger than μ_{-} , i.e., the cost of creating an antiskyrmion is higher than that of creating a skyrmion.

As can be seen in Fig. 3(d), the error bars increase as T decreases due to the less smooth free-energy curves as a consequence of the significantly slower convergence of the metadynamics MC simulations; see Sec. II. The error also increases near 80 K, which is explained by the fact that at this temperature secondary particles can appear more easily, making the fitting less accurate.

C. Temperature dependence in Pd/Fe/Ir(111)

We also calculated the thermodynamic quantities in the Pd/Fe/Ir(111) system, where the skyrmion lattice phase is stable at zero temperature. As for the $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$ bilayer, first we determined the heat capacity from Metropolis MC simulations. We found that the heat capacity has a peak around 250-280 K depending on the magnitude of the external field. This value is close to the maximum of the heat capacity simulated in Ref. [20], where the same system was investigated based on a differently parametrized spin model, and also agrees with the temperature regime where short-range order was found to vanish in Ref. [19] using the same parameters as in the present work. Based on this result, we set the upper limit of the metadynamics simulations to 370 K. Corresponding to the different ground states of the system [19], in our simulations we choose the following three external field values: B = 0.67 T with a spin-spiral ground state, B = 1.51 T with a skyrmion lattice ground state, and B = 4 T, where the system is expected to have a field-polarized ground state. Similar to $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$, the equilibrium and the most likely value of the topological charge differ only a little; therefore, in Fig. 4(a) we only present the most likely value Q_0 as a function of the temperature for the chosen values of the external magnetic field.

It can be seen from Fig. 4(a) that the three curves show a maximum of the skyrmion number $|Q_0|$ at intermediate temperatures. This indicates that the formation of skyrmions becomes energetically more favorable when the temperature is increased, similarly to the (Pt_{0.95}Ir_{0.05})/Fe/Pd(111) bilayer. The temperature dependence of the skyrmion number agrees well with the Metropolis MC simulations in Ref. [19].

The investigation of the corresponding spin configurations indicated that in the case of a skyrmion lattice ground state (B = 4 T) at low temperatures the topological charge exclusively corresponds to skyrmions with Q = -1. At higher temperatures minority particles such as antiskyrmions (Q = 1)and chimera skyrmions (Q = 0) are also present. At very high temperature well-defined localized configurations can no longer be identified and $|Q_0|$ converges to zero since the topological charge cannot be meaningfully used to characterize the spin structure in this regime.



FIG. 4. Temperature dependence of thermodynamic parameters in Pd/Fe/Ir(111). (a) Most likely value of the topological charge simulated on a 128×128 lattice in the presence of different external magnetic fields, 0.67 T, 1.51 T, and 4.00 T. (b) The chemical potential of skyrmions (μ_{-}) and antiskyrmions (μ_{+}) on a 128×128 lattice of Pd/Fe/Ir(111) surface with an external magnetic field of B = 4.00 T. The error bars display the uncertainty of the fitting parameters.

For B = 1.51 T, the maximum value of the skyrmion number is similar to that for B = 4 T, but it is reached at a considerably lower temperature (\approx 120 K) and the decrease of $|Q_0|$ towards T = 0 is less pronounced. This is expected since the ground state should be a skyrmion lattice at this field value [19]. For B = 0.67 T, the maximum number of skyrmions is the smallest among the three cases and it hardly decreases for temperatures below the maximum. Theoretically, the topological charge should vanish in the zero-temperature limit, because the spin-spiral state is the ground state in this case. The real-space spin configurations at B = 0.67 T and B =1.51 T resemble space-filling networks of domain walls in the low-temperature regime. Individual skyrmions are not stable at zero temperature at these low field values; instead they fill up the whole space due to their strip-out instability. The topological charge density is enhanced at the ends of the intertwined spin-spiral segments, but localized configurations with an integer topological charge can no longer be observed. Due to the strong interaction between these elongated objects, the independent-particle picture underlying Eq. (8) is no longer valid and the free-energy curves are parabolic. Therefore, the chemical potentials were only calculated for B = 4.00 T.

The temperature dependence of the chemical potentials μ_{\pm} is shown in Fig. 4(b). For B = 4 T, where the ground state configuration is the field-polarized state, the linear fitting around Q = 0 was possible up to the temperature where the most likely value of the topological charge has its minimum at about 180 K. As can be seen in Fig. 4(b), the free-energy cost for the creation of antiskyrmions μ_+ is positive, while that of the skyrmions μ_- is negative, as was shown in Sec. III A. This implies that in this temperature region the formation of skyrmions with Q = -1 is favorable, whereas the formation of antiskyrmions with Q = 1 is highly unfavorable. As the most likely value of the topological charge approaches zero at lower temperature, the linear regime for Q < 0 contracts. This

makes it difficult to determine the chemical potential based on the fitting procedure when the slope is close to zero. This is the reason why μ_+ could be determined at a few temperature values below 100 K in Fig. 4(b), but it was not possible to calculate μ_- from the same simulations. It is expected that the chemical potential changes sign in this regime, leading to the field-polarized ground state at zero temperature.

IV. CONCLUSION

We evaluated the free-energy surface of $(Pt_{0.95}Ir_{0.05})/Fe/Pd(111)$ and Pd/Fe/Ir(111) bilayers as a function of the topological charge in terms of metadynamics Monte Carlo simulations by employing first-principles-based spin models. We found that the most likely value of the topological charge shifts away from zero with increasing temperature for field values where the ground state is spin polarized, indicating that thermal fluctuations favor skyrmion formation, in agreement with previous results on both systems [19,20,23]. The free-energy curve obtained in the skyrmion lattice phase and the one for metastable skyrmions are expected to remain qualitatively similar in systems with different interaction parameters as well.

Beyond determining the equilibrium value of the skyrmion quasiparticles, the knowledge of the whole free-energy surface made it possible to extract the free-energy cost of creating a skyrmion or an antiskyrmion from the topologically trivial configuration by a linear fit to the free-energy function, which we identified as the chemical potential of these quasiparticles. The two kinds of chemical potentials differ from each other: for the investigated systems the creation of antiskyrmions costs more free energy than that of a skyrmion. We found that

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this method for calculating the chemical potential is only valid if the skyrmions can be treated as independent quasiparticles, the assumption of which breaks down at high temperature where short-range order is completely lost, at low field values where the skyrmions elongate into spin spiral segments and fill up the whole space, or when the skyrmion density is high such as in the skyrmion lattice phase. In these cases the interaction between the localized configurations manifests itself in a parabolic free-energy curve in the vicinity of the minimum. Future investigations of the thermodynamic properties of interacting skyrmions could shed further light on the phase formation of these quasiparticles. The interaction of skyrmions with periodic arrays [52-54] or random arrangements of defects [55,56], as well as the appearance of related configurations in three dimensions such as magnetic monopoles [57], chiral bobbers [58], or dipole strings [59], is expected to influence the chemical potential and as such are promising aspects to explore for follow-up works.

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